



**Lie #4 God Wants Me to be Happy All the Time  
June 19 - 20, 2021**

**The Big Lie: God wants me to be happy all the time.**

**Genesis 3:1-6 (NLT)**

One day [the serpent] asked the woman, “Did God really say you must not eat the fruit from any of the trees in the garden?”

“Of course we may...” the woman replied. “It’s only the fruit from the tree in the middle of the garden that we are not allowed to eat. God said, ‘...if you do, you will die.’” “You won’t die!” the serpent replied to the woman. “God knows that your eyes will be opened as soon as you eat it, and you will be like God, knowing both good and evil.”

The woman was convinced. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So she took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he ate it, too.

**“At the root of all sin is the suspicion that God is not good.”  
Woody Torrence**

**Big Truth 1:**

**God wants me to be happy, but he may not want me to be happy right now.**

**The Lie, 1.0:**

**God wants me to be happy all the time, so anything I think would make me happy must be from God.**

**Truth 1.0:**

**I’m not very good at knowing what will actually make me happy, but God is.**

**1 Timothy 6:17b (ICB)**

Money cannot be trusted, but God takes care of us richly. He gives us everything to enjoy.

**The Lie, 2.0:**

**God wants me to be happy all the time, so I need to act like everything is great.**

**Truth 2.0:**

**God made all my emotions, and sharing them honestly will help.**

**Psalms 77:1-3 (NLT)**

I cry out to God; yes, I shout. Oh, that God would listen to me! When I was in deep trouble, I searched for the Lord. All night long I prayed, with hands lifted toward heaven, but my soul was not comforted. I think of God, and I moan, overwhelmed with longing for his help.

**Psalms 66:5-6 (NIV)**

Come and see what God has done, his awesome deeds for mankind! He turned the sea into dry land, they passed through the waters on foot—come, let us rejoice in him.

**Big Truth 2:**

**God wants me to think and act like Jesus.**

**Philippians 2:5 (NCV)**

In your lives you must think and act like Christ Jesus.

**How did Jesus live an emotionally satisfying life?**

**1 Jesus turned water into wine to keep a party going (John 2:1-11).**

- **Enjoy God’s gifts of food, conversation, and celebration.**

**Proverbs 27:7 (AMP)**

He who is satisfied loathes honey,  
But to the hungry soul any bitter thing is sweet.

- **When was the last time I really enjoyed God’s good gifts?**

**2 Jesus wept openly at the tomb of Lazarus.**

**John 11:35-36 (NIV)**

Jesus wept. Then the Jews said, “See how he loved him!”

- **Share my grief when I’m hurting.**

- **Who is a safe person I share my grief with?**

**3 Jesus worked hard and rested well.**

**Luke 5:16 (NIRV)**

Jesus often went away to be by himself and pray.

- **Carve out time for rest, even when the work isn't done.**
- **When and how do I rest?**

4

**Jesus understood his mission and purpose.**

**Luke 19:10 (NIV)**

“The Son of Man came to seek and to save the lost.”

- **Learn and live God's purposes for the good of others.**
- **How am I serving God's purposes in my life right now?**

**Memory Verse for June, 2021**

**Psalm 119:11 (NLT)**

I have hidden your word in my heart, that I might not sin against you.



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